



SWIMMING PROGRAMME 2009 / 2010

All swimming lessons take place in the teaching pool at Prior.

AUTUMN TERM	YEAR GROUP	TIME	DATES (no. of sessions)	STAFF	EXTRA DETAILS
TUESDAY	2G 2L	1 to 2:15pm 2 to 3:15pm	8th Sept. to 1st Dec. '09 (11)	JK, NL, ER	Yr. 2 - No swimming on 20th Oct. KIT: * All children to wear the school navy and red trunks or costumes. * PLEASE NAME ALL KIT * Caps are compulsory for both boys and girls. * Please send swim kit to school in a separate, NAMED bag. School swim bags are available at John Moore Sports. * There are showers at the pool, but our timings limits to just a quick rinse if needed. * If required, arm bands will be available at the pool. * Goggles may be worn. Please ensure they fit your child properly. * It is much easier for the girls to wear socks, not tights, on swim days. * School hats and scarves are great for after cold swim days. * Children will travel to and from Prior by minibus, accompanied by a member of the Games staff * Mrs Brian will organise a rota for any parents wishing to help with changing during Reception sessions.
WEDNESDAY	4B 4H	8:45 - 10am 9:30 - 10:45	9th Sept. to 9th Dec. '09 (13)	BB, KA, TG	
THURSDAY	1J 1G	1 to 2:15pm 2 to 3:15pm	10th Sept. to 3rd Dec. '09 (11)	JK, NL, ER	
SPRING TERM	YEAR GROUP	TIME	DATES (no. of sessions)	STAFF	
TUESDAY	2G 2L	1 to 2:15pm 2 to 3:15pm	12th Jan. to 23rd March '10 (10)	JK, NL, ER	
WEDNESDAY	4B 4H 3M 3GH	8:45 - 10am 9:30 - 10:45 8:45 - 10am 9:30 - 10:45	13th to 27th Jan. '10 (3) 3rd Feb. to 24th March '10 (7)	BB, KA, TG	
THURSDAY	1J 1G	1 to 2:15pm 2 to 3:15pm	14th Jan. to 25th March '10 (10)	JK, ER, NL	
SUMMER TERM	YEAR GROUP	TIME	DATES (no. of sessions)	STAFF	
TUESDAY	Reception C	1 to 2:15pm 2 to 3:15pm	27th April to 29th June '10 (9)	JK, ER, NL	
WEDNESDAY	3M 3GH	8:45 - 10am 9:30 - 10:45	28th April to 30th June '10 (9)	BB, KA, TG	
THURSDAY	Reception E	1 to 2:15pm 2 to 3:15pm	29th April to 1st July '10 (9)	JK, ER, NL	

*** Year 5 and 6:**

Some swimming sessions will be arranged as a part of the Wednesday PE/Games programme. Dates and details will be given in advance. Includes synchro for girls!

*** Galas:**

- **Inter-House** - all Yr. 3 to 6 children compete for their House, in races appropriate to ability.

** Wednesday 9th Dec. - Yr. 5 and 6 Inter-House Gala at Prior during PE/Games.

** Wednesday 26th May - Yr. 3 and 4 Inter-House Gala at Prior - am

Unfortunately, there is no room for spectators in the pool at Prior.

- **Inter-Schools** - teams will be selected. Yr. 3 to 6 children will have a time trial.

There are galas where we compete against other independent schools:

** Thursday 8th Oct. - Under 10 and 11 (Yrs. 5 & 6) - Monkton - 6 to 8pm **Spectators welcome.**
 ** Summer Term (date TBC) - Under 8 and 9 (Yrs. 3 & 4) - Monkton - 5 to 7pm

Other galas will be arranged during the year - dates TBA.

*** Aquathons (swim followed by a run):**

Years 3 to 6 compete each term. Children volunteer and can be selected. Those children who would like to compete are encouraged to attend cross country club.

** Saturday 21st November - Under 8, 9, 10 and 11 - Paragon Championships at Prior.

*** Water Safety:**

All children attending swimming lessons at The Paragon are taught water safety rules.

Years 3 and 4 will complete a specific water safety course.
