



THE PARAGON JUNIOR BATH

Wednesdays Afternoon Activities (Years 5 and 6)

Each Wednesday a different set of activities will take place according to how many children are participating and the available staff and venues. The children participate in a wide variety of sports and activities which may include:

- * **Swimming - water safety and water polo**
- * **Fitness / aerobics**
- * **Tag rugby**
- * **Gymnastics**
- * **Initiative activities**
- * **Adventurous activities**
- * **Orienteering**
- * **Football**
- * **Fencing**
- * **Baseball**
- * **Rounders**
- * **Dance**
- * **Cricket/Kwik Cricket**
- * **Athletics**
- * **Tennis skills**
- * **Badminton**

The children should always bring their normal Games kit (red polo shirt, shorts, socks, trainers, hoody, tracksuit) on a Wednesday, unless playing in a fixture when they will need to bring the applicable clothing for that particular match. Parents will be advised in advance if the Wednesday Afternoon Activity will require alternative clothing such as swimming costumes.